Big Conversations About First Experiences

The books in this list are about different firsts. The first visits to the doctor, a new home, or school can be a lot for a child to cope with. Growing up and moving on from comfort items or having their own room can also be stressful times for children. We hope these will aid in easing those worries and stresses.

Hospital Book	Lisa Brown
Going to the hospital can be strange and scary, but this book is a story full of humor and empathy that will delight and comfort most any kid fearful about a hospital visit.	

Maisy Goes to the Eye Doctor	Lucy Cousins
Come along with Maisy for her first-ever eye test in a delightful story sure to help make this a rosy experience for little patients.	

A Visit to the Dentist	Julie Murray
This title will introduce young readers to what they can expect when they visit the dentist, from the chair they sit in, to the tools that will be used.	

Daniel Goes to the Dentist	Adapted by Alexandra Cassel Schwartz
Daniel Tiger is a little nervous about visiting the dentist, Dr. Plat. Mom Tiger explains that when you do something new, like going to the dentist, you should talk about what's going to happen, and Dr. Plat does just that! During his checkup, as Daniel gets his teeth brushed, checked, and polished, Dr. Plat explains what she's doing each step of the way so Daniel feels more comfortable. This sweet storybook is perfect for little ones who need some reassurance as they take their seat in the dentist's chair!	

I'm Not Moving Mama!	Nancy White Carlstrom
Mouse can't bear to leave behind, Mama tells him of something they'll share in their new home, until the youngster realizes what's most important is being all together--even in a new place.	

Moving	Meg Gaerther
Explains the various reasons families might move, the mixed feelings that moving can cause, and ways children can process and express those feelings.	

What to Expect at Preschool	Heidi Eisenberg Murkoff

It's hard to believe, but your child's starting preschool. Even if it's just for a couple of hours two or three days a week, it seems such a big step for someone in such little sneakers. Not to worry -- we're here to help prepare both of you for that step. We'll answer your child's questions about what preschool is like, what preschoolers do, who teachers are, and how they help to make preschool such a fun and special place -- so that the first day of preschool will be a day you'll both look forward to.

I Don't Want to go to School	Alberto Pellai
School can seem very scary to lots of kids.The series boosts confidence with fun stories to ease transition.	

Night Before Kindergarten	Natasha Wing
It's the first day of school! Join the kids as they prepare for kindergarten, packing school supplies, posing for pictures, and the hardest part of all--saying good-bye to Mom and Dad. But maybe it won't be so hard once they discover just how much fun kindergarten really is!	

Sometimes We Fall	Randall De Seve
This tender picture book is an empowering reminder that to fall and get back up again is the bravest, and sometimes most delicious, step of all.	

Kiki's Pacifier	Ester Van Den Berg
Mommy thinks Kiki is too big for her pacifier. She would like Kiki to keep her teeth nice and strong by gnawing. Are teeth really that important? Kiki goes to visit her animal friends to see what they can do with their teeth.	

Kiki's Potty	Ester Van Den Berg
Welcome to Kiki's Circus! But wait! First all the animals need to use the potty. Simple and fun, just the thing to help little ones move from diapers to undies.	